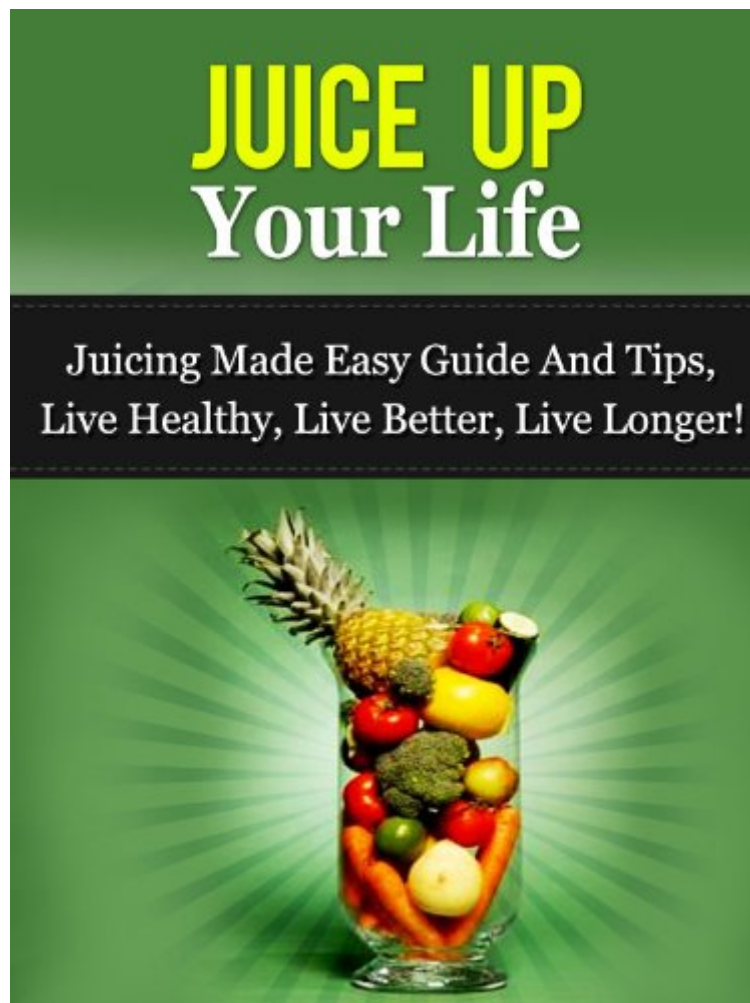


The book was found

Juice Up Your Life - Juicing Made Easy Guide And Tips, Live Healthy, Live Better, Live Longer! (Juicing Guide, Juicing Recipes)



Synopsis

Juice Up Your Life: A Juicing Guide And Tips To Live Healthy, Live Better, Live Longer Today only, get this bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. You're about to discover some of the remarkable benefits of juicing and how it will help you lose weight, be healthy and have unstoppable energy. I've been juicing for years and have benefited tremendously from it, and in this book I share all you need to know on how you can get on your way to a more healthy and better quality lifestyle! If you follow these juicing secrets and add the ritual of juicing to your life, I can promise you, your life will transform forever. You will not only have more energy, but you will be HAPPIER and every aspect of your life will improve. Here Is A Preview Of What You'll Learn... The Reason Why You Should Start Juicing The Benefits Of Juicing Precaution And Things To Know Compering Juicers - Advantages And Disadvantages Tips On How To Choose The Right Juicer 6 Juicing Tips You Need To Know 12 Amazing Juicing Recipes Much, much more! Download your copy today! Tags: juicing, juice, green juice, juicing greens, smoothie, juicing fasts, detox, detoxify, detoxing, cleanse, cleansing, raw food, vegetables, fruit, fruits, benefits, juicers, juicer, health, vitality, energy, weight loss, lose weight, fat loss, fitness and diet, dieting, healthy, ph, alkaline, alkalize, robert young, drew canole, jay kordich

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Customer Reviews

This is not a book but a booklet and is very short. Having said that it is completely devoid of pics to illustrate his points. I had a HUGE problem in that he did not name any preferred juice machines so the consumer is still not really educated. Another HUGE problem is like every other juice fanatic he talks about detoxing the body. They NEVER EVER CITE ANY MEDICAL STUDIES to back these claims up and the public just eats it up. One thing that he does caution about that other juice fanatics don't tell you is that it is entirely possible to consume more calories in juice than full meals. So bottom line some good and some bad content in here. Finally there are precious few actual recipes in this booklet. The reviewer is the author of the new Kindle book entitled: SEX EDUCATION FOR ADULTS SECRETS TO AMAZING SEX AND HAPPILY EVER AFTER TOO

I enjoyed this book. Of particular help to me was the comprehensive information about the different types of juicers...the pros and cons of each type. If you need to decide which juicer to use, this is the book for you.

What I really liked about this book is that it also gives some great tips when it comes to choosing a juicer, something that most of the juicing books overlook. Not only does it offer some great juicy recipes but also the theory behind juicing and all the benefits to it. You need to know what you're doing! Download this book and start juicing! This book inspired me to start juicing veggies as well, mniyam!

Obviously whoever wrote this great book! Change your life with the power of juicing. This book covers EVERYTHING and walks you through step by step so there's no room for error! A must read for those looking to improve health and well-being!

Great book! I recommend it. In today's toxic world you need to take steps to protect your health. This book gives you back control.

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